Purpose of study

PSHE education makes a significant contribution to pupils' spiritual, moral, social and cultural development, their behaviour and safety. As part of a whole-school and cross-curricular approach, it enables pupils to acquire the knowledge, understanding and skills they need to thrive as individuals, family members and members of society. As pupils progress PSHE education equips pupils to live healthy, safe, productive, capable, responsible and balanced lives. It provides opportunities for pupils to reflect on and clarify their own values and attitudes and explore those of others. PSHE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, to manage emotions, to identify and manage risk and make informed choices. It helps to reduce many of the barriers to learning experienced by pupils which improves their capacity to learn and achieve.

The Oaklands Curriculum for PSHE...

...teaches children communication, team work, resilience, risk management, critical thinking and leadership skills

...develops understanding of a range of emotions and teaches strategies to manage these appropriately

...builds knowledge about health and wellbeing, relationships and living in the wider world

...is reactive to the needs and wants of our changing community

Learning and Fun with Friends, Ready to be part of a bright future

...is relevant, purposeful and engaging for all learners!

...builds self-esteem and confidence as protective factors

...nurtures respect for self and respect for others

The national curriculum for PSHE aims:

- To ensure that all pupils develop skills and attributes such as resilience, self-esteem, risk-management, team working and critical thinking in the context of three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and aspects of careers education)
- To equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.
- To tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils

Ready for KS2: Key performance Indicators

Experiences – To have discussed and reflected upon a range of emotions.

Skills – To have some strategies to manage own emotions.

Knowledge – Recognise and name a range of emotions.